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 VALLEY PAIN MANAGEMENT
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Patient Medical History Questionnaire

Name: _____ Date: _____

Please complete as fully as possible. This questionnaire you are about to fill out is important to your doctor and will become part of your permanent health record. **ALL INFORMATION IS REGARDED AS CONFIDENTIAL**

Please circle answers yes or no

ILLNESS: Have you ever had:

Tuberculosis.....	Yes No	Malaria.....	Yes No	Any blood in bowel movement.....	Yes No
Rheumatic Fever.....	Yes No	Scarlet Fever.....	Yes No	Birth defects.....	Yes No
Diabetes (sugar).....	Yes No	HIV Positive, AIDS.....	Yes No	Recurrent chest pains.....	Yes No
Pneumonia.....	Yes No	Bladder infection.....	Yes No	Migraine headaches.....	Yes No
High Blood Pressure.....	Yes No	Tonsillitis.....	Yes No	Abnormal urinalysis.....	Yes No
Thyroid Disease.....	Yes No	Eczema.....	Yes No	Extensive confinement by illness.....	Yes No
Venereal Disease.....	Yes No	Psoriasis.....	Yes No	Sleeping sickness.....	Yes No
Sinus infection.....	Yes No	Recurrent sore throat.....	Yes No	Syphilis.....	Yes No
Gall Bladder Disease.....	Yes No	Electroshock therapy.....	Yes No	Genital Herpes.....	Yes No
Jaundice.....	Yes No	Bone or joint disease.....	Yes No	Chlamydia infection.....	Yes No
Cancer.....	Yes No	Kidney or bladder disease.....	Yes No	Strep-throat.....	Yes No
Nervous Breakdown.....	Yes No	Unexplained weight loss.....	Yes No	Bronchitis.....	Yes No
Hemorrhoids.....	Yes No	Convulsions (fits, epilepsy).....	Yes No	Mononucleosis.....	Yes No
Arthritis.....	Yes No	Head or spinal injuries.....	Yes No	Other _____	
Stomach ulcers.....	Yes No	Fainting spells.....	Yes No		
Recurrent headaches.....	Yes No	Gout.....	Yes No	Ever had an electrocardiogram?.....	Yes No
Colitis.....	Yes No	Heartburn.....	Yes No		
Asthma.....	Yes No	Shortness of breath.....	Yes No	Ever had blood test for	
Glaucoma.....	Yes No	Persistent hoarseness.....	Yes No	Venereal Disease?.....	Yes No
Anemia.....	Yes No	Meningitis.....	Yes No		
Kidney Stones.....	Yes No	Liver problems.....	Yes No	Have you ever considered suicide?.....	Yes No
Heart Trouble.....	Yes No	Prostate problems.....	Yes No		
Stroke.....	Yes No	Hepatitis.....	Yes No		
Lung Disease.....	Yes No	Colon infections.....	Yes No		

DO YOU OR NOW OR HAVE YOU HAD WITHIN THE PAST YEAR:

Change in size, shape, color or texture of bowel movement..	Yes No	Muscle spasms.....	Yes No	Coughed up blood.....	Yes No
Pain on urination.....	Yes No	Hot Flashes.....	Yes No	Night Sweats.....	Yes No
Difficulty starting urination.....	Yes No	Tiredness, fatigue, weakness without apparent reason.....	Yes No	Wake up at night short of breath.....	Yes No
Frequent urination.....	Yes No	Wary bruising.....	Yes No	Swelling of hands, feet, ankles.....	Yes No
Any blood in urine.....	Yes No	Fainting Spells.....	Yes No	Leg Cramps.....	Yes No
Any blood in bowel movement.	Yes No	Discharge from ears.....	Yes No	Purple lips or fingers.....	Yes No
Loss of urine on coughing or sneezing.....	Yes No	Difficulty swallowing.....	Yes No	Vomited blood.....	Yes No
Persistent joint pain or swelling	Yes No	Enlarged glands.....	Yes No	Sores around sexual organs.....	Yes No
		Chest pains.....	Yes No	Persistent nose bleeds.....	Yes No

WOMEN ONLY;

Menstrual cycle regular.....	Yes No	Any vaginal discharge.....	Yes No	Are you currently pregnant.....	Yes No
Normal menstrual flow.....	Yes No	Any itching of vaginal area.....	Yes No	Pregnancies _____ Children _____	
Any clots past.....	Yes No	Do you take birth control pills.....	Yes No	Miscarriages _____ Abortions _____	
Pains or cramps during period...	Yes No	Any in between period spotting.....	Yes No	Cesarean Sections _____	
Date of last period _____		Any pain during intercourse....	Yes No	Multiple Births _____	
Age period started _____				Breech Deliveries _____	
Date of last pelvic exam _____		Please give additional information on any difficult pregnancy, delivery complications, and/or menstrual problems: _____			
Date of last Pap smear _____					
Negative ___ Positive ___					

ALLERGIES

Penicillin Yes No
 Aspirin Yes No
 Codeine Yes No
 Morphine Yes No
 Demerol Yes No
 Mycins Yes No
 Tetracycline Yes No
 Darvon Yes No
 Tetanus shot Yes No
 Sedatives Yes No
 Sleeping pills Yes No
 Asthma drugs Yes No
 Sulfa Yes No
 Local anesthetics Yes No
 Any food allergy (To what?) ... Yes No

Any other drugs Yes No
 Iodine Yes No

SURGERY: Have you ever had:

Prostate Yes No
 Tonsillectomy Yes No
 Appendectomy Yes No
 Hysterectomy Yes No
 Ovarian cysts Yes No
 Breast Tumors, cysts Yes No
 Ear surgery Yes No
 Eye surgery Yes No
 Gall bladder Yes No
 Stomach Yes No
 Hernia (rupture) Yes No

Have you ever been advised to have any surgery which has not been done? Yes No
 Have you been hospitalized for any illnesses Yes No

Give details of yes answers: _____

FRACTURES OR ACCIDENT INJURIES

Have you ever had:
 Broken or cracked bones Yes No
 Where _____
 Severe lacerations Yes No
 Where _____
 Dislocations Yes No
 Where _____
 Concussion Yes No
 When _____
 Head injury Yes No
 When _____
 Ever been knocked unconscious Yes No

SOCIAL

Drug problem Yes No
 Adequate dietary habits Yes No
 Alcohol Yes No
 How much? _____
 Tobacco Yes No
 How much? _____
 Ever been treated for drug habits .. Yes No

Are you? Right-handed Left-handed Both
 Height _____ Weight Now _____
 1 yr. ago _____

What kind of work are you doing now?

What was your occupation prior to this injury?

Marital Status: M W S D

IS THERE ANY FAMILY HISTORY OF THE FOLLOWING:

Cancer Yes No
 Heart Trouble Yes No
 Tuberculosis Yes No
 Mental Health Yes No
 High Blood Pressure Yes No
 Stroke Yes No
 Diabetes Yes No
 Seizure Yes No
 Muscle Disease Yes No

MEDICATIONS:

Are you now taking or have taken in the past either regularly or periodically?

Digitalis Now Past
 Water or salt losers (Diuretics) .. Now Past
 Birth Control Pills Now Past
 Thyroid or Antithyroid Now Past
 Anti-depressants Now Past
 Tranquilizers Now Past
 Allergy pills Now Past
 Pep or diet pills Now Past
 Blood thinner Now Past
 Laxatives Now Past
 Asthma medicine Now Past
 Iron medicine Now Past
 Aspirin Now Past
 Nitroglycerin Now Past
 Male Hormone Now Past

Female hormones Now Past
 Sulfa Drugs Now Past
 Antibiotics Now Past
 Narcotic pain relievers Now Past
 Vitamins Now Past
 Cortisone Now Past
 Allergy shots Now Past
 Weight control pills Now Past
 Cough medicine Now Past
 Anticoagulants Now Past
 Quinine Now Past
 Other _____ Now Past
 _____ Now Past
 _____ Now Past

List all medication and dosages you are currently taking or bring list of all medications:

VACCINATIONS, IMMUNIZATION AND/OR DISEASE:

INDICATE: V-Vaccination D-Disease

_____ Measles (3-day) _____ Small Pox _____ Hepatitis B _____ Tetanus _____ Chicken Pox
 _____ Measles (10-day) _____ Yellow Fever _____ Mumps _____ Pertussis
 _____ Polio _____ Typhus Fever _____ Diphtheria _____ Typhoid

CURRENT PROBLEM:

Why are you here today? _____

Date of onset? _____ Is your pain getting? Worse Better Remaining Constant

Where is your pain the worst? BACK NECK LEGS ARMS HEAD

What time of the day is your pain worse? _____

Circle what activities make the pain worse:

Exercise	Walking	Coughing	Sitting	Bending forward
Resting	Sneezing	Lying Down	Standing	Bending backward

Circle what reduces the pain:

Lying down	Manipulation	Muscle Relaxants	Walking
Sitting	Standing	Physical Therapy	Pain Pills

Does your pain keep you from the following?

Working	Exercising	Sleeping
Having Fun	Sports	No Limitations

Do you need to rest during the day due to your pain?

None	A little	Half the day	Over half the day
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Do you have? Numbness Where? _____

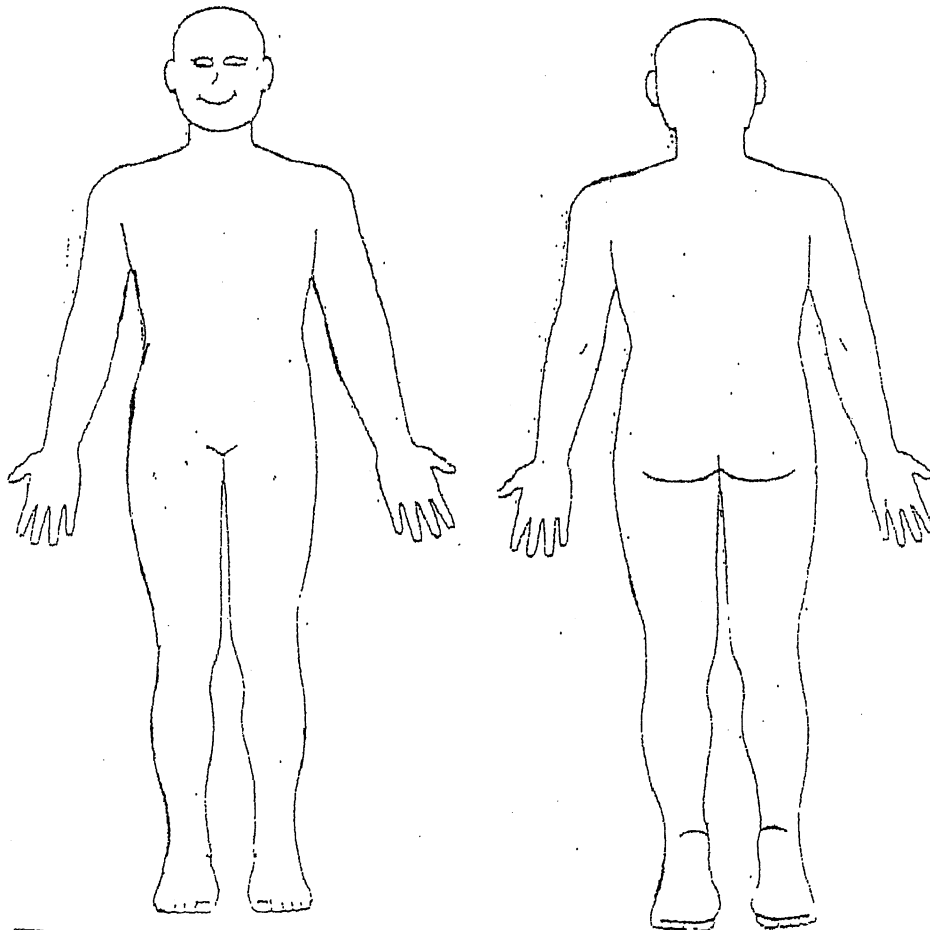
Weakness Where? _____

Do you have difficulty with? Bowel Bladder Sexual function (painful or unable)

List doctors currently treating you for these problems: _____

Use the body charts below and draw on them where you pain is located. Please use the following symbols to show what kind of pain you are having in these areas. At the bottom, estimate the severeness of your pain by circling one of the numbers. (1 would be no pain, and 10 would be intolerable pain.)

Ache //// ///	Burning B B B B B
Numbness X X X X X	Pins & Needles ==== ===
Stabbing Z Z Z Z Z	Other O O O O O



1 2 3 4 5 6 7 8 9 10

SCALE OF PAIN

LEAST

WORST